### A COMPREHENSIVE SYSTEM FOR PREVENTIVE BEHAVIORAL THREAT ASSESSMENT AND MANAGEMENT IN THE SCHOOLS

Presented by:

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### Website http://www.vandrealconsulting.com

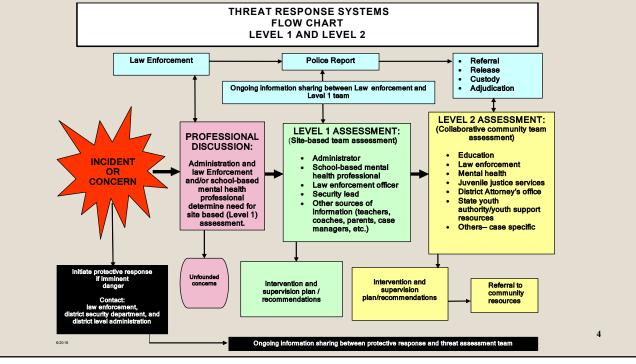


- Courtenay McCarthy, the lead school psychologist in student preventive threat assessment and management for Salem-Keizer Public Schools, is chair of the Mid-Valley Student Threat Assessment Team and is a member of the Marion County Threat Advisory Team.
- While partnering with John Van Dreal, she has refined the Salem-Keizer student threat assessment system to reflect leading practice in behavioral threat assessment, violence prevention, early intervention, and equitable practices.
- Courtenay has extensive experience in prevention, threat assessment and management, psychoeducational evaluation, intervention with at-risk youth and families, and behavioral consultation and intervention. As a certified threat manager and nationally certified school psychologist, she regularly provides training and consultation on student threat assessment systems implementation and youth violence to school districts and community agencies throughout the nation. She also provides workshops, symposiums, and content presentations to national audiences.
- In addition, Courtenay is a co-author of Youth Violence Prevention: The Pathway Back through Inclusion and Connection and a contributing author to the book, Assessing Student Threats: Implementing the Salem-Keizer System – Second Edition (Van Dreal, et al. 2017).

# The presentation will:

- Review the research and basic principles regarding preventive behavioral threat assessment and threat management
- Review the use of preventive behavioral threat assessment to decrease expulsions, arrests, and dismantle the school to prison pipeline
- Review the steps, developmental procedures, and protocols necessary to develop a two-tiered, multi-disciplinary, multiagency preventive behavioral threat assessment and management system
- Explore changes to the system that may be necessary to adapt to the existing resources of this community
- Train on the use of assessment protocols for K-12 campus preventive threat assessment and management
- Provide case exercises and conduct student threat assessments through the collaborative assessment process

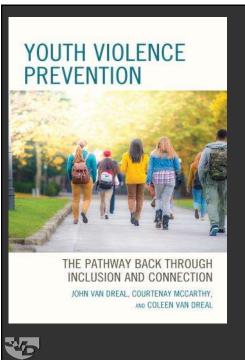
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# The presentation will not ...

provide all of the training necessary to establish a level of expertise in leading a preventive behavioral threat assessment system.

Advanced training in preventive behavioral threat assessment and threat management is available through Van Dreal Consulting LLC or associates linked from <u>www.vandrealconsulting.com/</u>, the Association of Threat Assessment Professionals, through the resources noted in the books, or by referral (speak with us during a break for options).



Youth Violence Prevention: The Pathway Back through Inclusion and Connection

By John Van Dreal, Courtenay McCarthy, Coleen Van Dreal

Available at: Amazon Barnes & Noble Rowman & Littlefield Watermark Books and other book vendors

This is a book about behavioral threat assessment that focuses on prevention and early intervention. It's about thoughtful connection, inclusion, prosocial relationship building, and the restoration of meaningful and positive experiences for young people within the school environment. It's about the importance of staying objective, avoiding assumptions, and eliminating prejudgment.

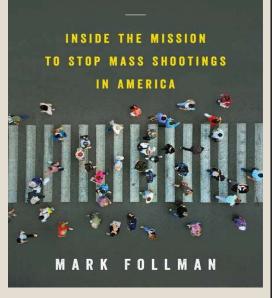
### TRIGGER POINTS INSIDE THE MISSION TO STOP MASS SHOOTINGS IN AMERICA BY MARK FOLLMAN A LONGTIME JOURNALIST AND THE NATIONAL AFFAIRS EDITOR FOR MOTHER JONES.

Available at: Harper Collins Amazon Other vendors

"An urgent read that illuminates real possibility for change." —John Carreyrou, *New York Times* bestselling author of *Bad Blood* 

For the first time, a story about the specialized teams of forensic psychologists, FBI agents, and other experts who are successfully stopping mass shootings.

## TRIGGER POINTS



### Assessing Student Threats: Implementing the Salem-Keizer System (Second Edition)

Van Dreal, McCarthy, Swinehart, Speckmaier, Elliott, Okada, Rainwater, Novotney, Rutledge, Mendoza, Byrd

Rowman and Littlefield (800) 462-6420. email <u>orders@rowman.com</u> website <u>http://www.rowman.com</u>

# ASSESSING STUDENT THREATS IMPLAYED THE SALEWARDER SYSTEM SECOND COTTON

JOHN VAN DREAL



8



training courses developed in partnership with John Van Dreal, author of the Salem-Keizer Cascade Model.

Our Salem-Keizer Cascade BTA training courses are for BTA team members, including:

### WEB-BASED CASE MANAGEMENT SOLUTIONS

John Van Dreal Consulting is proud to partner with Public Consulting Group to bring leading technology and training solutions to school threat assessment teams and school districts using or considering the Salem-Keizer Cascade prevention system.

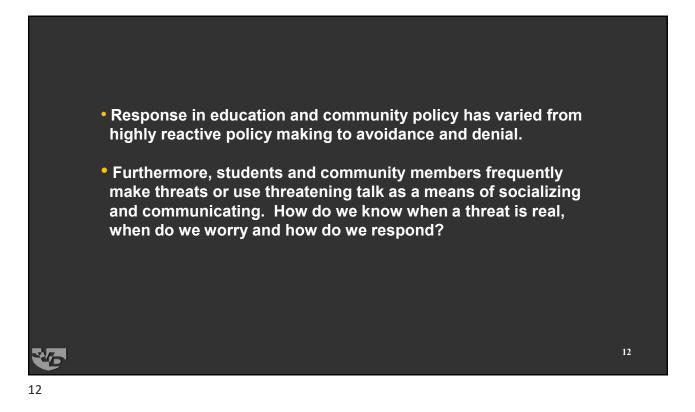
SAFER SCHOOLS TOGETHER Digital Threat Assessment and Management Consultation and Training https://saferschoolstogether.com/



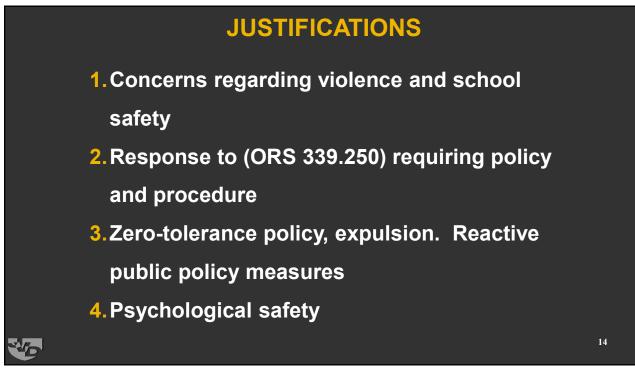
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### The year was 2019

- The chances of being harmed by violence in a school are 1 in 2 million... killed by homicide in a school, about 1 in 2 to 4 million, depending on the year.
- The chances of being hit by lightning in a particular year are 1 in 960 thousand. Annually, there is a 1 in 31,000 chance of being poisoned by cafeteria food.
- A youth is approximately 40 times more likely to be killed by homicide outside of school than inside a school.
- School safety has improved steadily within the last 30 plus years.
- Still, depending upon how the data is measured, over the past 15 years in America, the rate of targeted or rampage killings has increased when
   places of commerce and higher education are factored in.

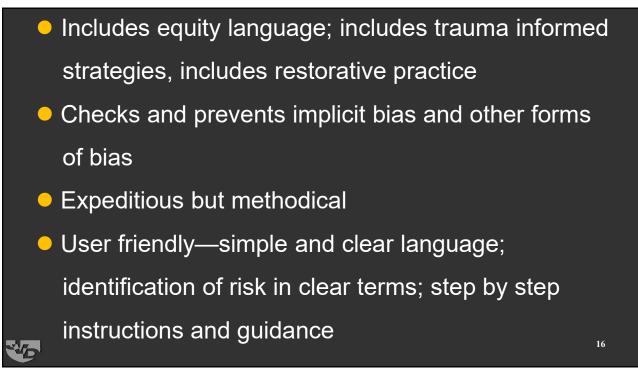






### The Salem-Keizer Cascade System

- Multi-discipline, multi-agency collaboration
- Designed by an educator (with input and support from youth serving agencies) for the application and use in an education setting
- Shared ownership; shared responsibility; decreased liability

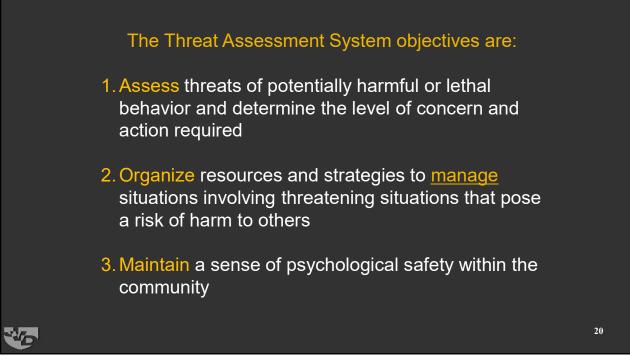


Inexpensive—expertise is within the protocol-driven system
Interventions and supervision strategies that fit the situation and accurately address risk
Inclusive, not exclusive—promotes connections, observation, and supervision in the schools
Prevention and early intervention, not a punitive or gotcha system

 Increases both the physical safety and psychological safety of a community







# **DEFINITION OF A THREAT**

The intention to commit harm to a target or be a menace or source of danger to a target (person)

Level 1 Site Based Protocol development

1. Develop a template, with identified key risk factors as well as supervision strategies, that all members of the team use as a guide during assessment.

**2**. Document the use of the template in every case.

**3**. Document the risk concerns and document the supervision and safety planning.

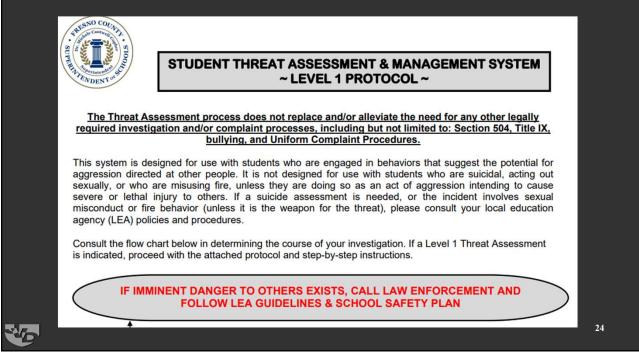
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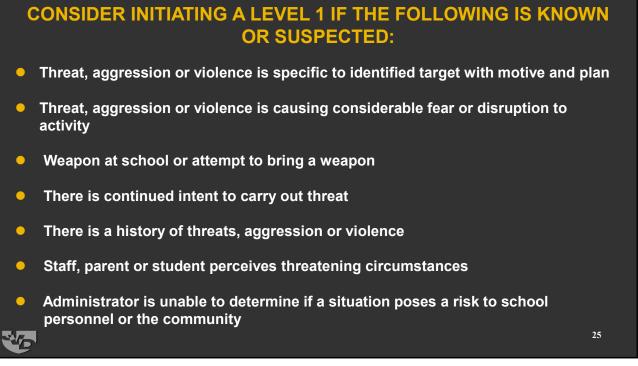
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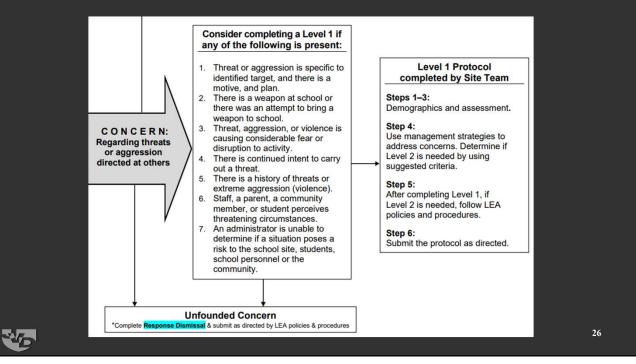
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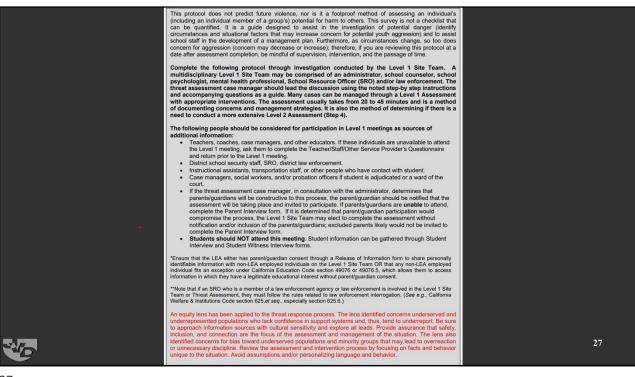
# Level 1 Protocol







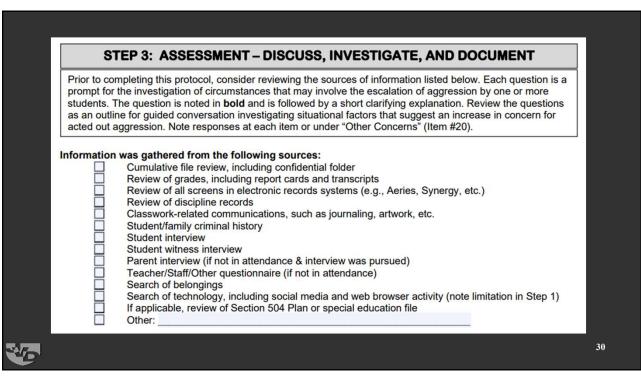




Equity in Threat Assessment				
	Use	Use an equity lens to assess the impact of your process on underrepresented populations.		
	Ļ			
	Gather and assess	Gather and assess data on an ongoing basis to determine unintended impacts and mitigation strategies.		
2 	l III			
	Ве	Be sure to approach information sources with cultural sensitivity, explore all leads, and confirm information sources.		
	↓ · · · · · · · · · · · · · · · · · · ·			
	Provide	Provide assurance that safety, inclusion, and connection are the focus of the assessment and management of the situation.		
	Ļ			
	Review	Review the assessment and intervention process by focusing on facts and behavior unique to the situation.		
	t t			
	Avoid	Avoid assumptions and/or personalizing language and behavior.		
		28		







AGGRESSION CONTINUUM		
(from Eric M. Johnson, PhD.)		
Bombing Shooting Raping Stabbing Beating Strangling -Violent Aggression: serious or lethal injury- Fighting Hitting with objects Throwing objects Slugging Kicking Scratching Biting Slapping Pushing		
-Aggression Behavior: low to moderate injury-		
	3	1

1. Note the severity of the threatened aggression on the continuum below. Does the communication or situation suggest a threat of low to moderate aggression, such as punching or fighting? Or does the communication or situation suggest a threat of serious or lethal injury, such as a severe beating, shooting, stabbing, or bombing? (The behaviors listed within the continuum are examples and not necessarily locked into their position). Note that there is a change within the continuum from low to moderate aggression (non-severe or non-lethal injury) to extreme aggression (severe or lethal injury). Extreme aggression is also referred to as violence.	
MILD AGGRESSION → MODERATE AGGRESSION → EXTREME AGGRESSION (VIOLENCE) (Less Frequent, Moderate Impact) (Infrequent, High Impact)	
Suggested or Threatened Aggressive Behavior:	
Scratch Bite Hit Fight Hit w/ Object Forceful Strike Rape Strangle Stab Shoot Bomb Kill	
If aggression was acted out, locate the outcome or intended outcome on the continuum below. $\square$ MILD AGGRESSION $\rightarrow$ $\square$ MODERATE AGGRESSION $\rightarrow$ $\square$ EXTREME AGGRESSION (VIOLENCE)	
(Frequent, Low Impact) (Less Frequent, Moderate Impact) (Infrequent, High Impact)	
Acted out Addressive Benavior:	
Acted out Aggressive Behavior:	
Scratch Bite Hit Fight Hit w/ Object Forceful Strike Rape Strangle Stab Shoot Bomb Kill	32

# CONTEXT AND SITUATION

WHAT IS THREAT ASSESSMENT?

Defined by the Safe School Initiative (*Threat Assessment in Schools*): The primary purpose of a threat assessment is to prevent targeted violence.

- The threat assessment process is centered upon analysis of the facts and evidence of behavior in a given situation.
- The appraisal of risk in a threat assessment focuses on actions, communications, and specific circumstances that might suggest that an individual intends to mount an attack and is engaged in planning or preparing for that event.

33

34

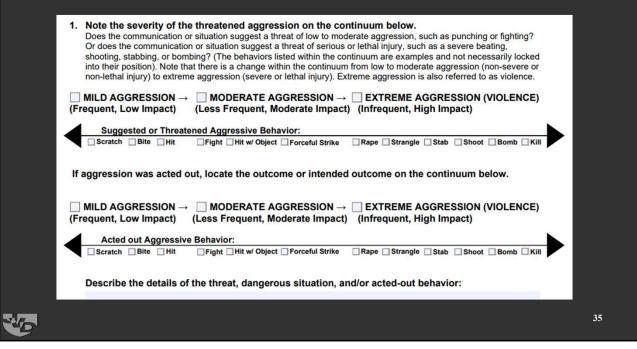
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NO.

# **Context and Situation**

 The assessment of the unique interaction and dynamics between the person of concern, the target and the situation they share.

• The question is "does the situation 'pose' a threat," not "did the person 'make' a threat."

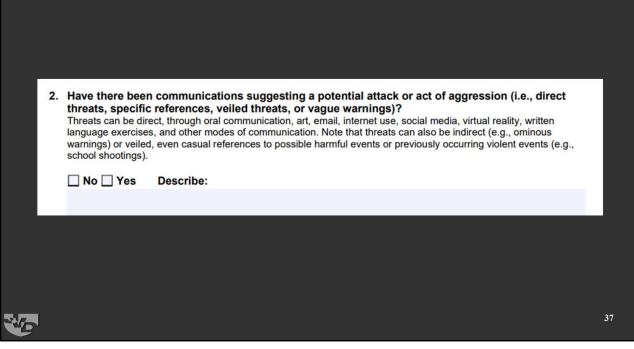


# **Threats and Communication**

### **Inappropriate Communication:**

Any unwarranted contact or approach that is strange, threatening or ominously predictive and intended to unsettle or unnerve.

- Direct Threat
- Indirect Threat
- Veiled Threat
- Conditional/Instrumental Threat
- Expressive Threat





# **Reactive Aggression**



- Absence of planning
- Elevated emotional state
- Aggressor feels under immediate threat

Borrowed from Reid Meloy



-10

# **Targeted and Reactive Aggression**



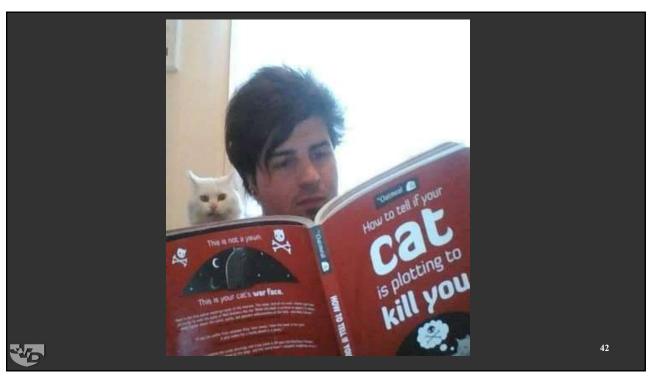
REACTIVE / IMPULSIVE/ (AFFECTIVE)



### TARGETED / PREMEDITATED /PREDATORY

(AFFECTIVE)

41



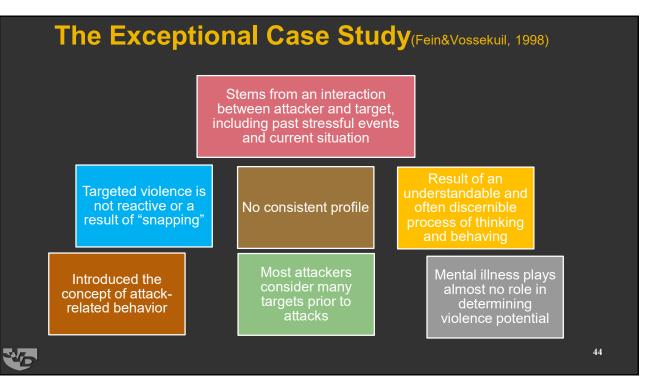
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# **Targeted Violence**

- Targeted violence is not reactive.
- It is not the result of someone "going mental" or "snapping;"
- It is the result of an understandable and often discernible process of thinking and behaving.

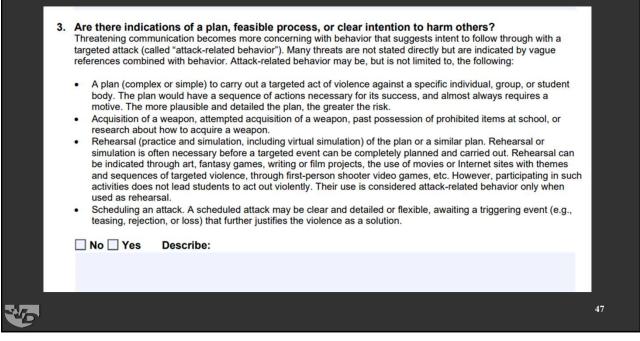


 The aggressor will display "attack-related" behaviors that move along a continuum of idea to action, including justification, planning, rehearsing, and logistical preparations.











# SAFE SCHOOL INITIATIVE

Critical Factors (consistently present in histories of school shooters)

- Peer Relationships Problems
- Weapon Fascination and access
- Recent loss, humiliation
- Signs of depression, suicidal ideation
   or actions
- Disconnect from adults

Contributing Factors (associated with aggression, but not consistently present)

- Poor school achievement. (grades, truancy, class disruption, suspension)
- Negative parent-child relationship
   (family distress, poor supervision)
- Exposure to violence
- Substance abuse
- Mental illness

	1. Shootings were rarely impulsive.
	2. No consistent profile of school shooter.
SAFE SCHOOL	3. Shooters had difficulty coping with loss and failure.
INITIATIVE (continued)	<ol> <li>Shooters perceived or experienced severe longstanding rejection, persecution, hurtful behavior, and bullying by peers.</li> </ol>
	5. Motives were mostly revenge and problem-solving.
Key Points:	6. Peers knew of plan ahead of time—some collaborated.
	7. All attackers used guns. Most shooters had ready access to guns. Some made considerable efforts to acquire guns.
	8. Most attackers did not threaten their targets directly prior to attack.
	9. All shooters were of concern to parents, teachers and / or peers.
	10.Despite prompt law enforcement responses, most attacks were quick and stopped by a means other than police intervention.

### Protecting America's Schools (US Secret Service, 2019)

Study examined 41 incidents (2008-2017) of targeted violence with one or more people injured or killed (excluding gang or drug-related violence)

- 19 killed, 79 injured
- Attackers: 81% male, 17% female
- 61% used firearms, 39% used bladed weapons
- 41% of attacks took place within the week after a break in attendance
- Of those who used a firearm, 32% acquired the firearm the day of the attack
- 40% had a mental health diagnosis, 63% had signs of depression, 60% had suicidal ideation

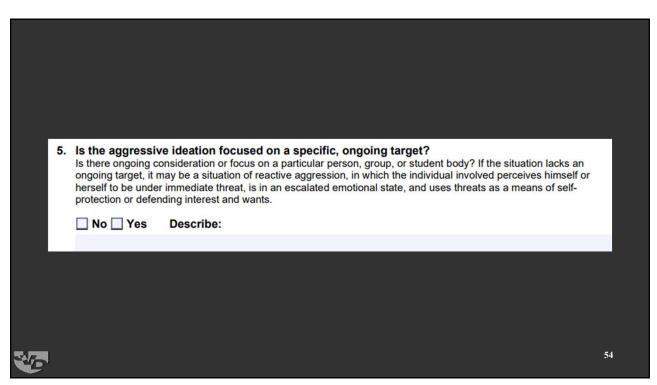
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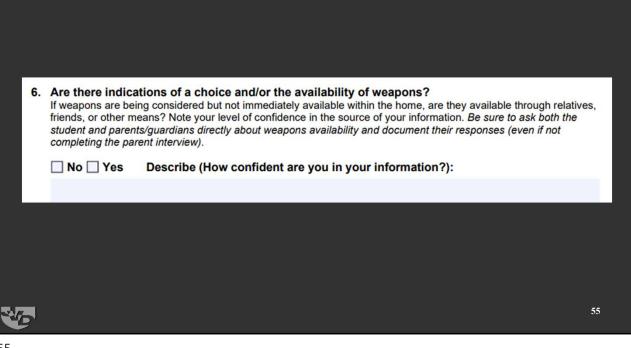
### Protecting America's Schools (US Secret Service, 2019) Key Factors

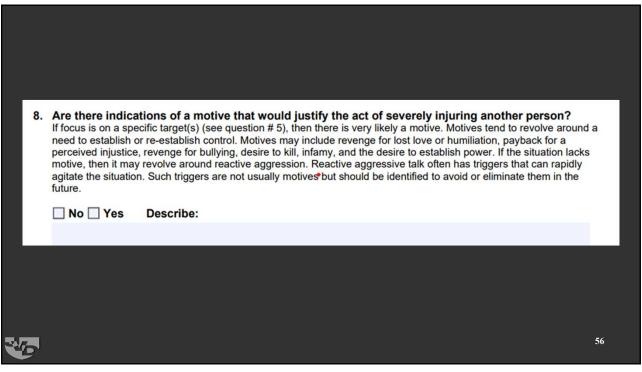
- 1. Still no profile of a school attacker or school that has been attacked
- 2. Attackers had multiple motives—most common was grievance
- 3. Attackers used firearms—most often acquired from home
- 4. Attackers experienced psychological, behavioral, or developmental symptoms
- 5. Half of the attackers had interest in violent topics—most common fixations were Columbine & Hitler
- 6. All attackers experienced social stressors involving relationships
- 7. Nearly every attacker experienced negative home life factors
- 8. Most attackers were victims of bullying, which was often observed by others
- 9. Most attackers had a history of school disciplinary actions, and many had prior contact with law enforcement.

10. All attackers exhibited concerning behaviors. Most elicited concern from others, and most communicated (through leakage) their intent to attack.









### Katherine S. Newman

Five necessary but not sufficient conditions for a rampage shooting:

- 1. Perception of self as extremely marginal within the social world that has value: Bullying and social exclusion lead to marginalization and increase frustration and depression.
- 2. Psychological problems and vulnerability: Mental illness, severe depression and abuse decrease emotional, psychological and coping reserves, thus magnifying impact of marginalization.
- 3. Cultural scripts: Cultural or media models of violence are readily available as examples of solving problems, getting even, releasing discomfort or elevating social status.
- 4. Failure of surveillance systems: Systems intended to identify troubled youth are ineffective or non-existent.
- 5. Gun availability

### Supervisory Special Agent Andre Simons

From anecdotal observations and the report <u>Campus Attacks: Targeted Violence</u> <u>Affecting Institutions of Higher Education.</u>

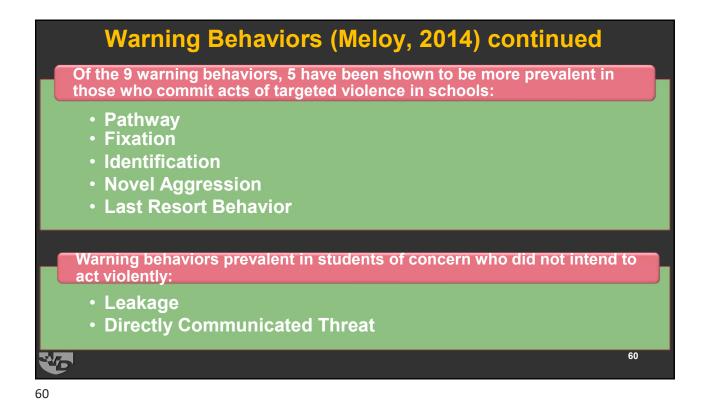
- Significant personal stress, humiliation, and/or perceived failure
- Aggressive Martyrdom (Reid Meloy)
- Psychologically transformational acts
- The brittle student
- Leakage, hyper profanity, negative emotional language, lack of future planning, weapons investigation or possession, and an inability to take personal responsibility for actions and outcomes.
- Solution to perceived problems
- Wills, manifestos, infamy and notoriety
- Pseudo-commando

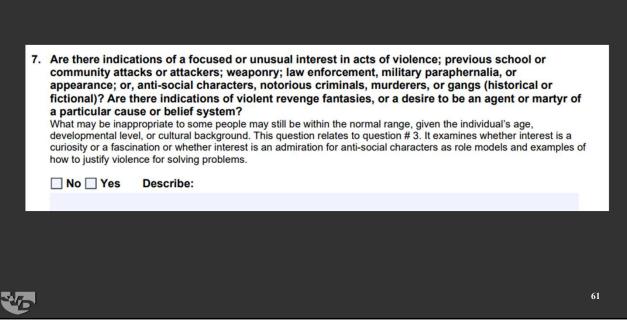
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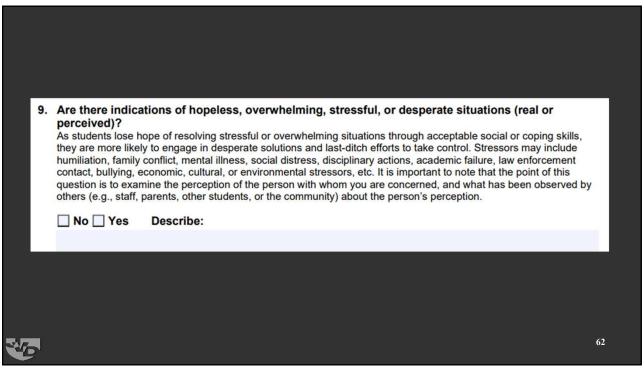
# Warning Behaviors (Meloy, 2012)

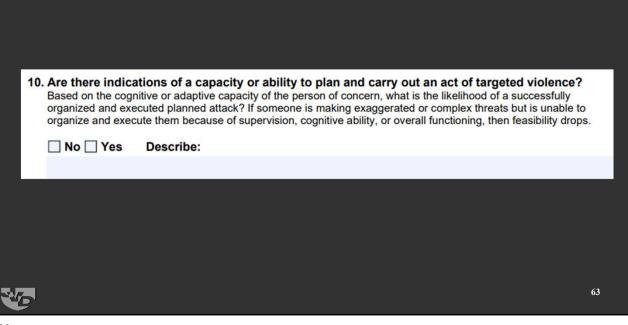
- Acts/changes in behavior that give evidence of increasing risk
- Pathway
- Fixation
- Identification
- Novel Aggression
- Energy Burst
- Leakage
- Directly Communicated Threat
- Last Resort Behavior

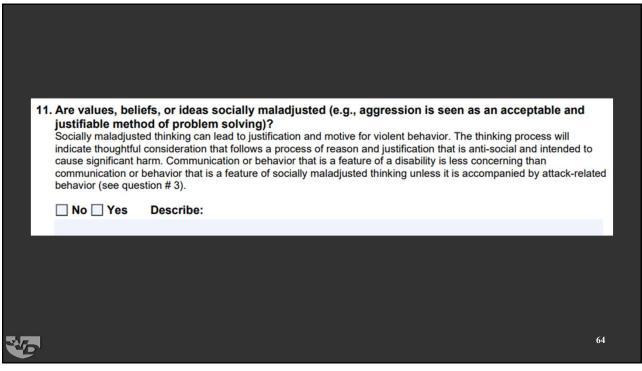
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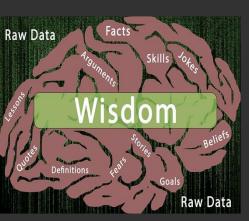






### **Bias in Threat Assessment (FBI, 2015)**

- **Implicit Bias** The attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner.
- Confirmation Bias The tendency to look for evidence or interpret information in a way that confirms a preconceived opinion.
- Availability Bias Is a tendency to assign the most importance to behavior which comes immediately to mind, often that which is most recent.
- **Hindsight Bias** The inclination to see events as having been more predictable than they actually were.
  - Can induce *foresight bias*, the tendency to overestimate the ability to predict future events.



### 65

### Why are problem behaviors missed? (O'Toole, 2014)

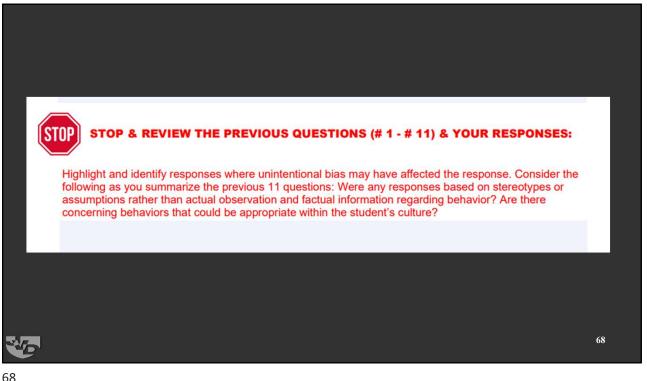
- Normalizing behavior—finding a normal explanation for what is seen
- Rationalizing behavior—excusing the behavior, minimizing it, or explaining it away
- Ignoring behavior—pretending the behavior did not occur
- Icon intimidation or influence—the view that because a person is iconic or has a position of trust and/or importance, he or she would not be capable of dangerous behavior

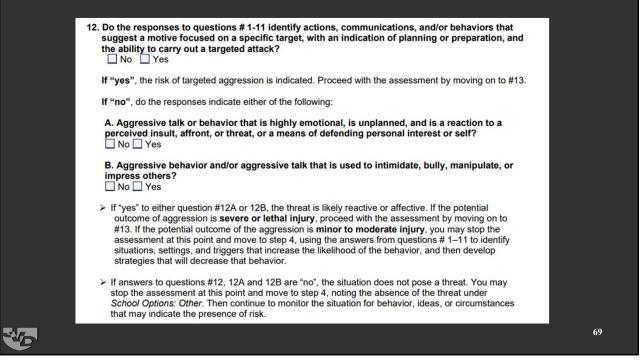


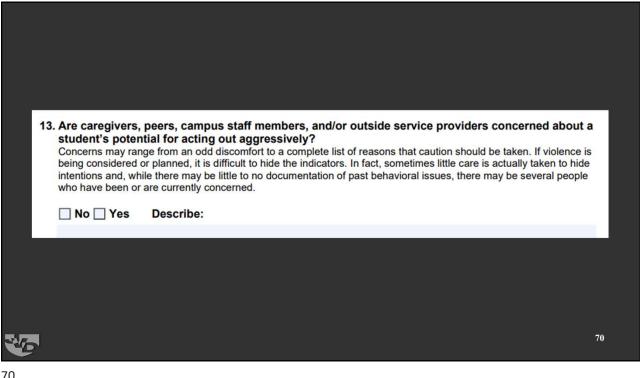
# **Bias Mitigation**

Always use a collaborative, multidisciplinary structure

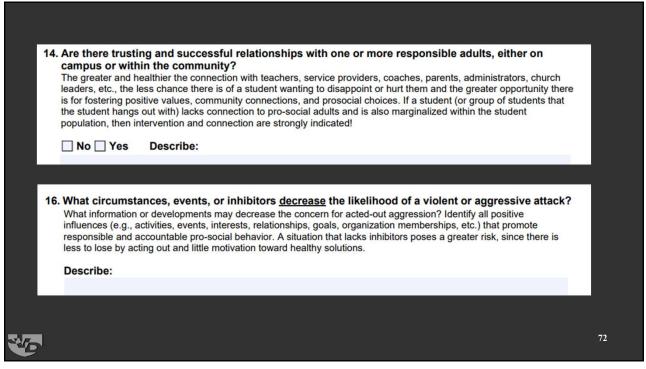
- Encourage the open sharing of perspectives
- Professional development in understanding and decreasing bias
- Review cases over time, check perceptions and impressions
- Involve/consult with professionals who share the same cultural background as the student of concern
- Use the bias checks provided in the Level 1 protocol as
  - a collaborative discussion







# Adult Inhibitors (protective factors or stabilizers) • Employment • Finances • Health • Residence • Children • Children • Family • Looking to the future • Resolving the grievance What are examples of inhibitors available to the youth population?



## **Accelerator, Triggers and Precipitating Events**

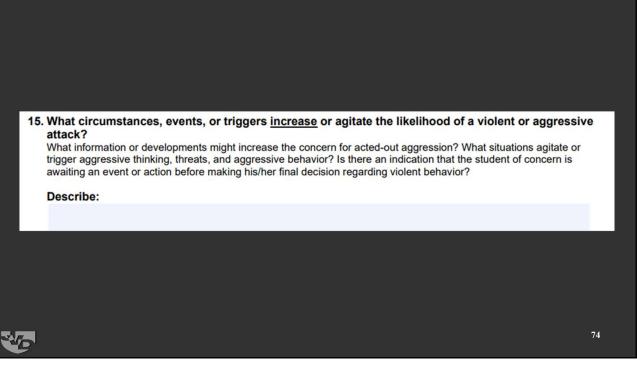
Accelerators are destabilizing factors that increase the potential for individuals to resort to violence. These include (some are more specific to adults): illness, divorce, financial crisis, decreased or terminated employment, and perceived ongoing abandonment/rejection.

Triggers or precipitating events are similar to accelerators but tend to be acute experiences or circumstances that aggravate an individual or group further toward a violent act (Meloy, 2000).





73



#### FBI Critical Incident Response Group Personality Traits and Behavior: Masks Low Self-Esteem Leakage Anger Management Problems Low Tolerance for • Frustration Intolerance Lack of Resiliency • Inappropriate Humor Poor Coping Skills Seeks to Manipulate Others Failed Love Relationship Lack of Trust Injustice Collector Closed Social Group Signs of Depression • Change of Behavior • Narcissism • Rigid and Opinionated • Alienation Unusual Interest in Sensational Violence • Dehumanizing Others Lack of Empathy Fascination with Violence-Filled Entertainment Exaggerated Sense of Entitlement • Negative Role Models • Attitude of Superiority Behavior Appears Relevant to Carrying out a Threat Exaggerated or Pathological Need for Attention • Externalizes Blame

**FBI Critical Incident Response Group** 

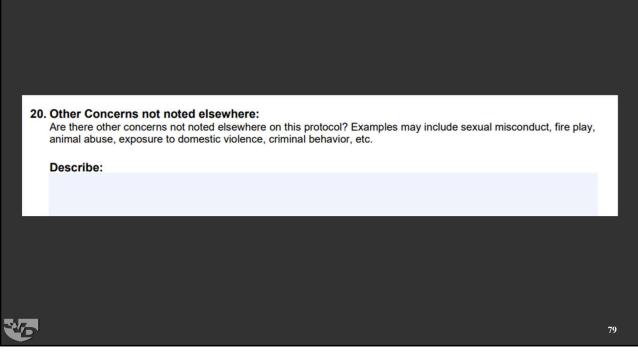
### Family Dynamics:

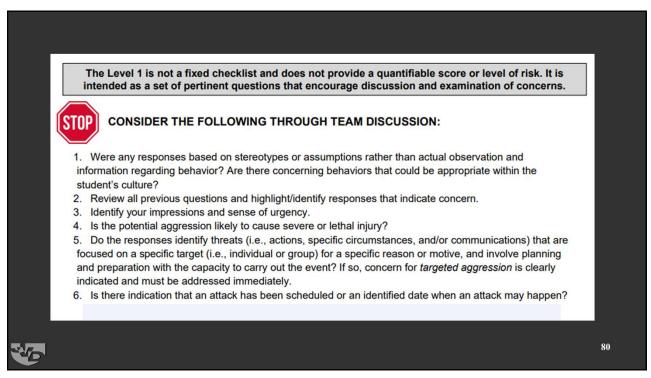
- Turbulent Parent-Child Relationship
- Acceptance of Pathological Behavior
- Access to Weapons
- Lack of Intimacy
- Student "Rules the Roost"
- No Limits or Monitoring of TV and Internet

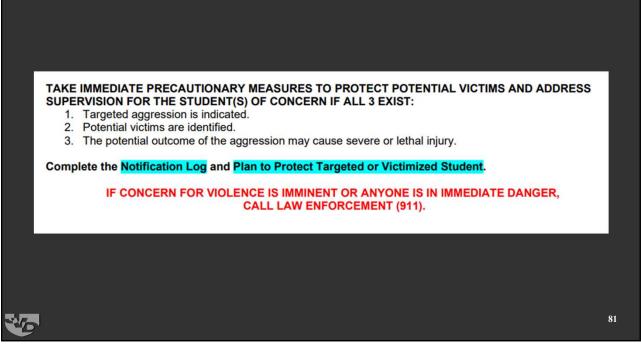
### School Dynamics:

- Student's Attachment to School
- Tolerance for Disrespectful Behavior
- Inequitable Discipline
- Inflexible Culture
- Pecking Order Among Students
- Code of Silence
- Unsupervised Computer Access















#### **RECOMMENDED INTERVENTIONS**

As you consider prevention strategies, reflect upon the effects of previous traumatic experiences. For example, prevention strategies may include ensuring a sense of emotional, physical, and cultural safety for the individuals involved; fostering trusting relationships; honoring an individual's dignity; making efforts to share decisions and collaborate; and offering validation and building on an individual's strengths.

Additionally, consider restorative practice as you address consequences and/or discipline. For example, if both parties are amenable, and you have appropriately trained staff, conduct a meeting allowing those who have been harmed or threatened to describe the impact of the behavior and the type of actions necessary to repair hurt, restore trust, and move forward from the isolated incident.

#### If Target(s) are identified:

Warn intended victim and notify the intended victim's parent/guardian. Use the Notification Log to document.
 Develop a plan to protect victim (using the form Plan to Protect Targeted or Victimized Student) for identified target(s). Consider both physical and psychological safety needs of targeted student(s).
 Other:

### Student Options (Check all that apply)

Option Chosen	Option	Date Previously / To Be Implemented	Person(s) Responsible
	Student behavior/accountability plan developed		
	Initiate suicide risk assessment		
	Other:		
	Other:		
	Other:		

### **School Options**

Consider making the following firearms admonition to parents/guardians: "Firearms are the responsibility of the owner: Do not assume a child/student/adult has not learned the combination to a gun safe or the location of the key. Keys can be removed and duplicated, and combinations can be discovered through a variety of means. Consider changing keys or combinations or removing firearms from the home. Document the date, time, and parent/guardian's response.

85

85

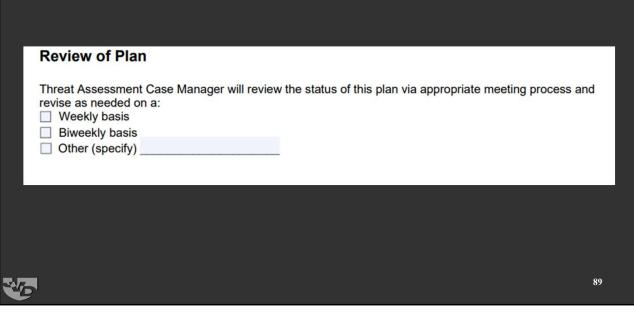
#### School Options (Check all that apply)

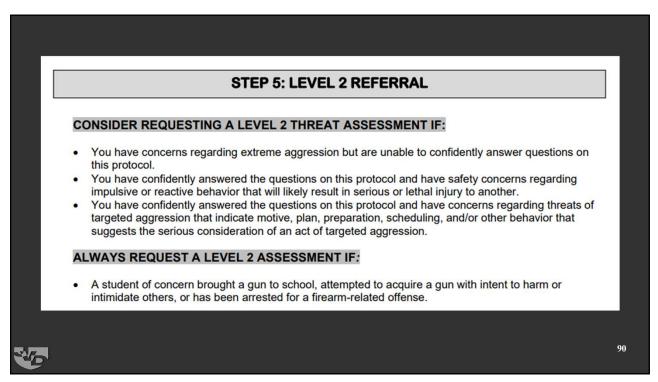
\*If student is on an IEP or Section 504 plan, any of the following must be discussed at and added to the students IEP or 504 plan through the IEP or 504 plan process with parental consent as applicable.

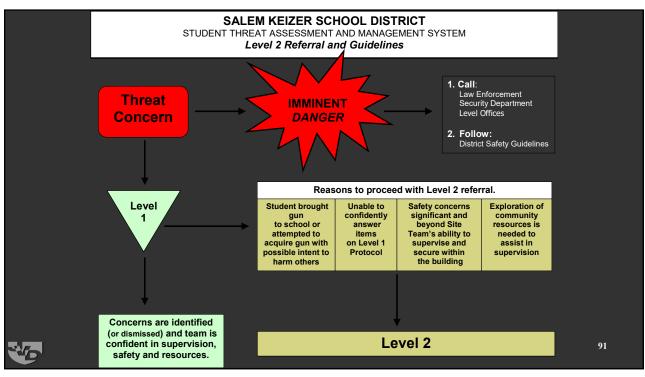
Option Chosen	Option	Date Previously / To Be Implemented	Person(s) Responsible
	Review educational plan		
	Review transportation options; consider bus support plan		
	Monitor social media activity for concerning statements, agitators, triggers, threats, or behavior related to the preparation of an attack		
	Monitor all communications for concerning statements, agitators, triggers, threats, or behavior related to the preparation of an attack		
	Consider specialized class		
	Hall pass for early/late travel		
	Provide access to social skill building programs		
	Consider strategies for problem-solving the grievance (i.e., mediation, counseling, etc.)		
	Increase supervision in following settings:		
	Create modifications of daily schedule	· · · · · · · · · · · · · · · · · · ·	
	Allow late arrival/early dismissal		
	Alert staff and teachers on need-to-know basis		
	Decrease or eliminate pass time or unsupervised time		
	Conduct intermittent/random check of backpack.locker, pocket, purse, technology/phone etc. by: daministrator		

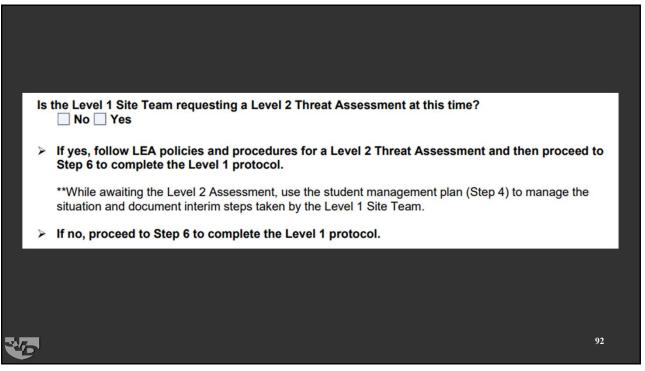
Option Chosen	Option	Date Previously / To Be Implemented	Person(s) Responsible
	Help parents/guardians strategize safety options/planning that parents/guardians can implement at home		
	Increase supervision (e.g., of curfew, communications, in community, during transportation, etc.)		
	Safety proof home (i.e., secure or remove all weapons and potential weapons, add/test smoke detectors, etc.)		
	Review and pursue non-school related crisis and/or mental health services		
	Monitor technology and social media activity for concerning statements, agitators, triggers, threats, or behavior related to the preparation of an attack		
	Monitor all communications for concerning statements, agitators, triggers, threats, or behavior related to the preparation of an attack		
	Use a family social media and/or technology contract or refer to <u>www.commonsensemedia.org</u> for information on appropriate youth media		
	Consider installation of parent controls on student's technology/phone		

Option Chosen	Option	Date Previously / To Be Implemented	Person(s) Responsible
	Explore mental health evaluation and referral options		
	Refer to anger management program/ mediation program		
	Refer to alcohol/drug evaluation/treatment		
	Refer to parenting program		
	Page 14	4 of <b>18</b>	FCSS Version August 2
Commu	Page 14	4 of 18	FCSS Version August 2
Commu Option Chosen	nity Options Continued	4 of 18 Date Previously / To Be Implemented	FCSS Version August 2 Person(s) Responsible
Option	nity Options Continued	Date Previously /	Person(s)
Option	nity Options Continued Option	Date Previously /	Person(s)
Option	nity Options Continued Option Refer to mentoring program	Date Previously /	Person(s)

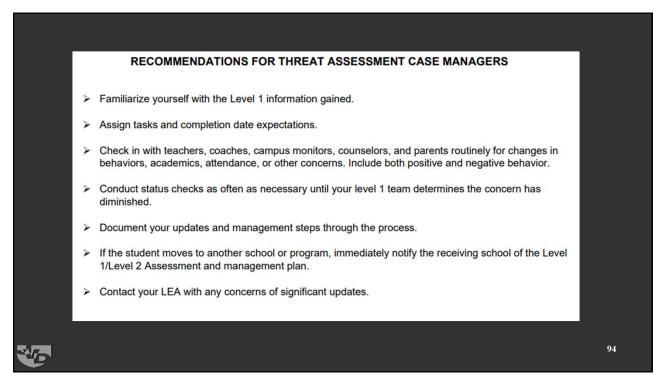




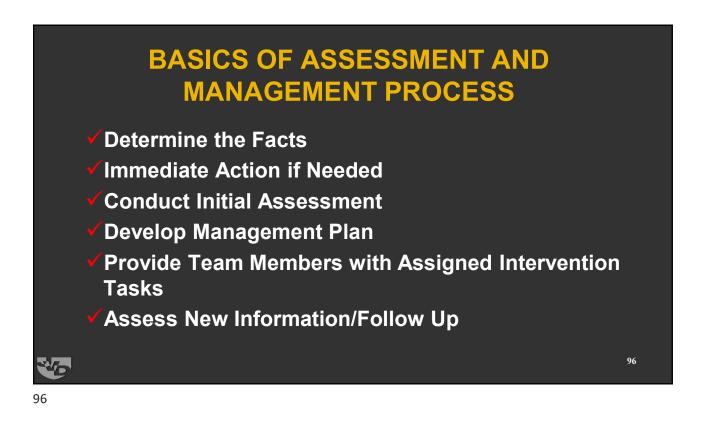




Team Signatures			
Threat Assessment Case Manager	Date	Administrator	Date
Other/Title	Date	Other/Title	Date
Other/Title	Date	Other/Title	Date
Other/Title	Date	Other/Title	Date
Other/Title	Date	Other/Title	Date



<b>REVIEW NOTES</b>				
Review Date:				
Team Members:				
Notes:				
Review Date:				
Team Members:				
Notes:				
Review Date:				
Team Members:				
Notes:				
	 	 _	95	



## Youth Dating Violence, Rape, and Sexual Coercion

- Approximately 20% of high school girls report physical and/or sexual abuse by a dating partner.
- 50%-80% of teens report knowing someone involved in a violent relationship.
- By the age of 17, approximately 40% of girls are familiar with someone their age who has been hit or beaten by a boyfriend.

97

Research varies regarding numbers; however, as awareness campaigns increase, more girls are reporting the impact and frequency of date rape and/or sexual coercion.

97

98

# Violence or Aggression? Targeted or Reactive?

- Vindictive
- Bullying
- Mentally or emotionally troubled
- Gang
- Relationship, Stalking
- Rampage Shooting

## Databases

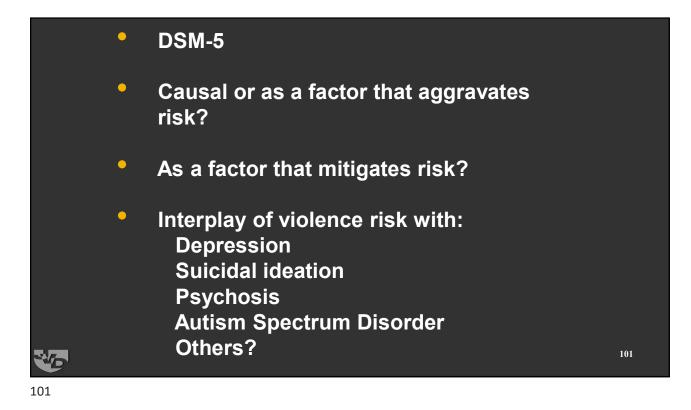
- Mother Jones Database, US Mass Shootings, 1982-2019: <u>https://www.motherjones.com/politics/2012/12/mass-shootings-mother-jones-full-data/</u>
- Active Shooter: Incidents by Injuries and Fatalities Annually: <u>https://www.chds.us/ssdb/active-shooter-incidents-by-injuries-and-fatalities-annually/</u>
- Peter Langman's School Shooter Database: https://schoolshooters.info/search-database

**9**9

**Mental Health** 

- What is Mental Illness?
- What has the press said about it?
- What is prevalence of mental health condition? What about severe mental illness?
- What is relationship between mental illness and violence?
- Do people commit mass murder or rampage violence because they are mentally ill?
- What kind of mental health issues increase a risk of violence?

100



Holding a Grudge

- Al is a 17-year-old student, two months from her 18<sup>th</sup> birthday.
- She is academically and intellectually gifted (IQ above 140; 4.0 GPA).
- She is under tremendous pressure from her parents to be successful.
- Parents are very assertive about Al's academic success and college choice. They are controlling and insist that Al will attend their alma mater, a notable university in their hometown, regardless of Al's desire to explore other universities.
   Al is extremely resentful of the parent's control but lacks confidence to assert her goals over her parent's demands. Parents were similarly controlling with Al's older sister, Abby, who is also extremely intelligent and academically outstanding. To spite her parents, Abby refused to attend college at all, moved to Florida, and is a barista. She and Al remain close.
- Al's parents are affluent, intimidating, lawsuit driven. One is a professor, the other is an executive at a big tech company.

× Co

- Al attends a public middle/high school in a town about 15 miles from her hometown. The school has an advanced academic track that Al's parents pay out-of-district tuition to access. She has been at the school since the 6<sup>th</sup> grade.
- **Teachers consider AI a know-it-all** and are tired of her frequent comments about fact and accuracy in the details of their instruction. All is usually correct, though, being more intelligent than most, if not all, of her teachers.
- Students have teased Al for years, mostly because of her condescending attitude toward them, but also because she was caught with an iPod in the 8<sup>th</sup> grade that contained downloaded porn. She had attempted to share the porn with other students to win their friendship, but it backfired, and they used it to humiliate her. Most students have forgotten the incident at this point and teasing has lessened. In fact, according to teachers, students have stopped teasing entirely and just avoid her because she can be extremely intense.

V

103

- Al holds grudges and perceives the social rejection among her peers as actual bullying. A year ago, another female student, Maria, was running the track with Al during PE and thought it would be funny to wrestle her to the turf with a headlock and give her a head-nuggie. It was a playful gesture, but Al reported it as an attempted strangulation. Witness accounts, including the PE teacher, did not support Al's perception; however, Al insisted that it was malicious. Although the student apologized to Al, she continues to bring the incident up as an example of injustice.
- Al has a 16-year-old love interest, Alex, whose parents are against the relationship, they say because of an age discrepancy of almost two years.
- Al and Alex have a secret email account that they used to communicate. The account allows an ongoing draft email that they use to write messages back and forth to each other. By using the draft, they do not have to send actual electronic emails from either of their home or school accounts, thus remaining clandestine.
- Two months ago, AL's parents took her computer away for reasons they will not disclose. Al uses her phone to access the secret email account and communicate through text messages.
- Alex's mother discovered the open email account on Alex's home computer and read an entry written by Al the previous night, which greatly concerned her. She called the school counselor to report her concern. The email entry read:

N.

### Baby,

I don't know just how quite to say this. So I will just say it. I need mental health. I have gone insane over the past year. I can't handle all this pressure anymore. Today's bullshit just highlights my pain. School continues to only get harder, so I have lost my reasoning to deal with it. Losing control of it has caused me to lose control of my life. Losing my computer has lost the one place where I could vent stress. Those assholes, Matt, John, Blake, Sierra, and just about everywhere I go . . . or anything I do . . . I get made fun of. It's pushed the 17 year lock on the stress that I have bottled up in my mind. I can't take it anymore. I have contemplated many options, and I will take them in numbered order in the list I made last month. This time I'm serious. This is my last strand of reason left in this world, for I have none left. I am literally bleeding right now. I have begun to hurt myself, I don't see any happiness in it. So that's off the list. I am in such pain no words can describe.



105

The school counselor and the assistant principal asked Alex to meet with them to discuss AI. They said they were concerned about AI and requested Alex's help. At first, Alex resisted. However, Alex eventually admitted that AI was becoming increasingly agitated and angry about four students—Matt, John, Blake, and Sierra—who judged her and humiliated her often with simple looks or smirks. Alex showed them a note that AI had written a few weeks ago. It read:



106

I have a list of things I can do to keep my pride. But the last is a big, ugly thing and they may only understand drastic actions and their perfect box is about to get fucking shot in the goddamn head with a pistol I can steal from my parents' bedroom if my list reaches the last number. I love you with all my heart, and with my last days of logic remaining, I will explain: I normally can control my rage and may be able to regain control by the end of the night. However, this is the longest and most furious rage I have ever lost reasoning over. I refuse to talk to my parents, they don't understand. I don't want medicine or drugs, I want blood. I want those four to die. I want death to own their souls, and the devil to torment them forever more. I love you baby. The pistol is in the same spot that my parents hid it, but every night I practice sneaking it into my backpack. It's really easy surprisingly. I will kill Matt, John, Blake and Sierra before I kill myself. If I reach the last option that is.



107

- Alex told the counselor and the administrator that Al was still really upset about Maria trying to "strangle" her and that Al refuses to talk to the school counselor or anyone else about it anymore. Alex quoted Al, "All the administration does is sit around and be politically correct. They don't do any real work to get the job done. The attack on me last year in track was never dealt with. Maria strangling me was dealt with by a half-assed apology that she did not even mean. I know she thinks she got away with it. And Sierra and John just laughed and encouraged her. Teachers, administrators, counselors don't do shit!"
- The counselor and the administrator asked Alex about the list. Alex said that Al kept it in her locker.
- The administrator asked the counselor to stay with Alex and left to find Al. She assured Alex that Al would not be told that Alex had provided the information. Al was not in class and no one in school knew where she was. When the administrator called Al's parents, they did not know where she was either. They tried to call her, but she did not pick up. Al's parents demanded to know what was happening and threatened to sue if the administrators did anything that harmed Al's reputation or caused a scene. They became agitated stating, "If you even think of kicking Al out of school, we'll sue you personally and sue the district. We pay tuition. Do you know who we are? You better learn!" The said that they would be driving to school to find Al and that she better not be in trouble.



108

Option 1: I will talk to Teressa (my friend, my mom's friend) she has a PhD in and is a very successful psychologist. She of all people I think will understand my rage and could help me somehow. Option 2: If I can't get a hold of Teressa, I will try my sister. She is next in line. She understands me like no one else. Option 3: I will take the .22 pistol into school, wait till one of them pulls a

The administrator and campus security searched Al's locker and found a journal. In

the journal, AI had written the following:

smart comment or insults me, then stick the gun in their face. I will not harm anyone else but will show EVERYONE what happens when you BRAIN FUCK a kid who has done ABSOLUTELY FUCKING NOTHING to them, and they will take EVERYTHING from me, including my reason to live. So I will take their fucking life as revenge. 2 bullets to the head for each of them. When the cops show up, I will kill myself.

109

109

I keep trying to imagine a perfect life in New York, in my air-conditioned house with fast internet, a great relationship with my life partner, kids, a job, a college education, and a great computer. But it's just not going to happen. It's too far away. I can't escape my controlling parents or even get that far away. My parents keep telling me I have to go to their college, which of course is right next to my house practically. I can see why Abby was so pissed off. They don't really want me to go to the college I want. It's always what they want. I see no further point in living. The only reason I keep getting up is because I think maybe today will be better. I can see Alex and what few friends I have, but its just not worth it anymore. I get hurt more and more each time I get up. I thought of just suicide, but then those assholes would move to another target. I must remove those diseased scum from the world. Their families and asshole friends will all see what they drove me to, and take note.



• The administrator and the security lead looked through a notebook from Al's English class. On the back page, there was an entry dated the previous week. It read:

The gun is loaded and in my mom's hidden compartment. There's extra ammo in the closet. Every day I practice taking it and putting it in my backpack. So easy, they don't even know. What idiots. I'm shaking as I write this because I'm SICK of this shit. Sierra and her boytoys are going to get what they deserve, or they better leave me the fuck alone. If they don't, it's time to cleanse the world, in the name of God. The perfect music that drives my rage is "The Animal I Have Become" by Three Days Grace. I can control myself now, but it may not last. By the end of this month, either I will regain my sanity or there will be blood, I swear it. My own mini-Columbine!!!!!

111



111

 The administrator calls the SRO, the remainder of the administrators, and school security, and they all immediately begin searching for Al. As they do, the counselor receives a report from several students that Al has posted a statement on Twitter that reads:

I'm about at the end of my rope! You know who you are and what you've done. Be ready, because death is too good for you and you can be found wherever you try to hide. School is no exception!

- As the administrator is notified of Al's Twitter message, she is spotted, sitting on the lawn about 50 yards from the building. The SRO approaches her carefully and asks her if she can talk. Al seems surprised but does not resist. The administrator takes her backpack and holds it away from Al. They are joined by another SRO from neighboring school who assists with a full search of Al and her belongings. Al refuses to speak to them. The backpack does not contain a weapon.
- Al is arrested for disorderly conduct.

- Al's parents call a lawyer and inform the school administrator that they will be suing the district for humiliating Al in front of the student body and to have Al returned to school immediately. They also demand that the juvenile department release Al.
- The judge places Al in a 48 hour hold while the threat assessment team addresses safety and a mental health evaluation is completed.
- Upon meeting the mental health professional, who is also a member of the Level 2 threat assessment team, Al breaks down, admitting that she felt like she was out of control and wanted to kill the four students. She says the whole thing is humiliating and embarrassing. She insists, though, that she was going to try to speak with her mother's friend, Teressa, or her sister, but if that didn't calm her down, she was willing to die to get rid of those who torment her and other students. She states that she just wants it all to end and that she hates her parents. She wishes she could move out and attend another school with smarter people and finish classes to get her diploma.
- Al's parents refuse to cooperate with the juvenile department, deny having a gun, and will
  not turn the computer over to the police.

The school threat assessment team lead, the juvenile workers, and police (who are members of the threat assessment team) assure the parents that they want what is best for Al and also to keep the public safe. They inform the parents that interference with a safety plan is a form of neglect, and even if Al returns home (which is likely), they will be doing well-checks daily. The parents confer with their attorney who advises them to cooperate in exchange for Al's eventual release. To avoid the embarrassment of the wellness checks and to assure Al's release, the parents admit to having the gun hidden in a safety panel under the bed and allow the police to take it and hold it at the precinct. The parents also allow the police to take Al's computer, which has multiple searches focused on school shootings, tactical operations, and instructions on using handguns. The parents stop their cooperation at that point, refusing to discuss the situation further.

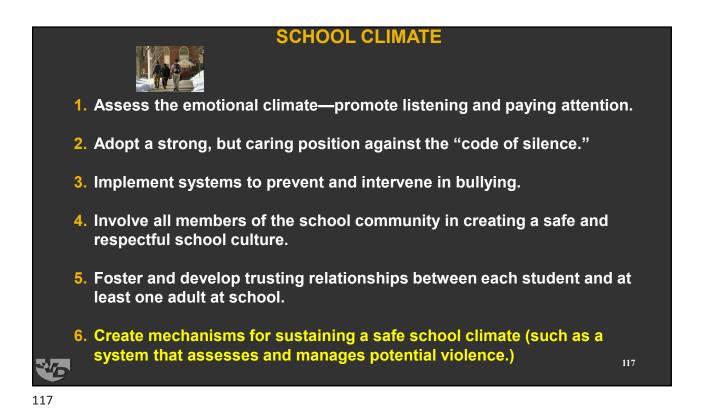
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114

- 1. What are your next steps?
- 2. Are there victims that need to be warned? Yes. Al's targets were clearly listed.
- **3**. Al will be released in 48 hours, what are your home interventions. What does your school safety plan look like?
- **4**. Do you have another education option for Al? Since she is on an out of district tuition transfer, the school has decided not to allow her to return.
- **5**. How can you stay connected to AI? Are there staffers or community supports that can help her as she is emancipated in two months?
- 6. How will you assist her with the likely breakup from Alex?
- 7. How will you assist Al plan for the future and develop a sense of hope and optimism? Can she attend a college of her choice?

115





CONFIDENTIALITY AND THREAT ASSESSMENT

(A School Threat Assessment Team should consult with their respective legal counsel on existing laws and regulations prior to the development of information-sharing policies.)

Family Education Rights and Privacy Act (FERPA): A Federal law that protects the privacy of education records or any records that contain information directly relating to a student and that are maintained by the educational institution or a person acting for the institution. FERPA permits disclosure of personally identifiable information without consent in certain circumstances, including:

- 1. To school officials with legitimate educational interests as established by FERPA...
- 2. To appropriate officials in health and safety emergencies...
- **3.** To comply with a lawfully issued judicial order or subpoena.

Obtain a copy of FERPA regulations at http://www.ed.gov/policy/gen/reg/ferpa/index.html

### A FEW MORE DETAILS REGARDING FERPA AND INFORMATION SHARING

• Information from education records may be shared with police, social services, or other community representatives who are serving on a school's established threat assessment committee, if they are school officials with legitimate educational interests in accordance with the school's established criteria. Such individuals may not use that information for any purpose other than consideration on that committee, nor may they take the information back to their agencies or share it with anyone else except under the provisions of FERPA.

• A school's (LEUR) law enforcement unit's records are excluded from the definition of "education records."

• FERPA does not protect the confidentiality of information, in general. It protects information from education records. Therefore, if education staff reports information regarding a student's behavior or communication to members of the threat assessment committee, the information is not protected by FERPA since it was not provided through an education record.

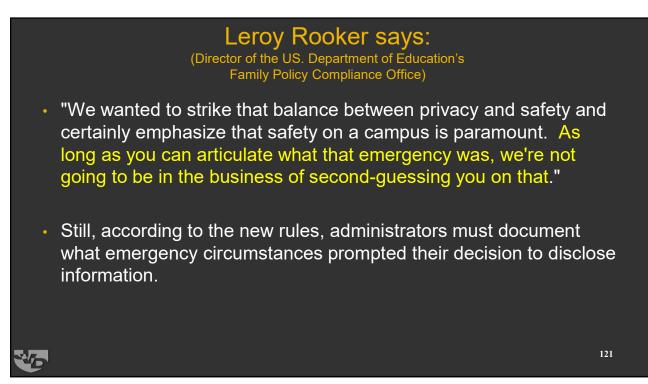
• FERPA does not have a personal liability recourse. Claims are made through US Dept. of Ed against schools. Personal claims are made through state law.

119

119

### Updated FERPA Regulations January 2009

The new regulations impose a "rational basis" test on a school's decisions to disclose information in emergency situations. "The Department [of Education] will not substitute its judgment for that of the agency or institution if, based on the information available at the time ... there is a rational basis for the agency's or institution's determination that a health or safety emergency exists."



### California statutes regarding information sharing

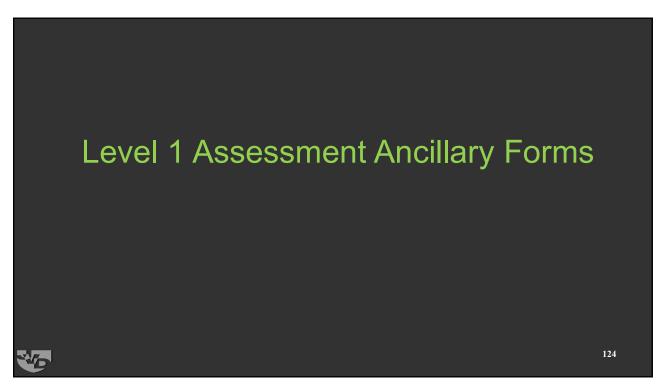
Per Ed Code 49076(a)(2)(A): School districts may release information from pupil records to the following: appropriate persons in connection with an emergency if the knowledge of the information is necessary to protect the health and safety of a pupil or other persons. This may include emergency contact if unable to contact parent/guardian.

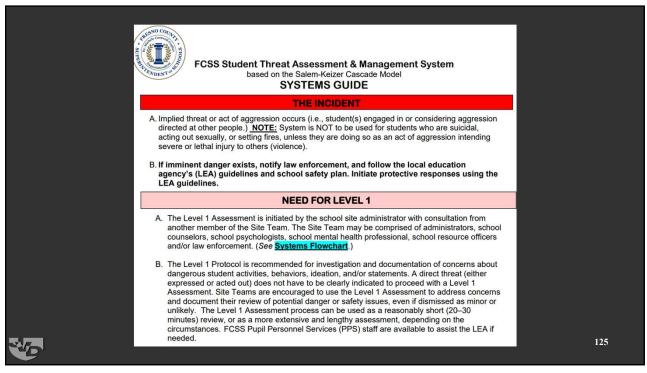
Ensure that the LEA either has parent/guardian consent through a Release of Information form to share personally identifiable information with non-LEA employed individuals on the Level 1 Site Team OR that any non-LEA employed individual fits an exception under California Education Code section 49076 or 49076.5, which allows them to access information in which they have a legitimate educational interest without parent/guardian consent.

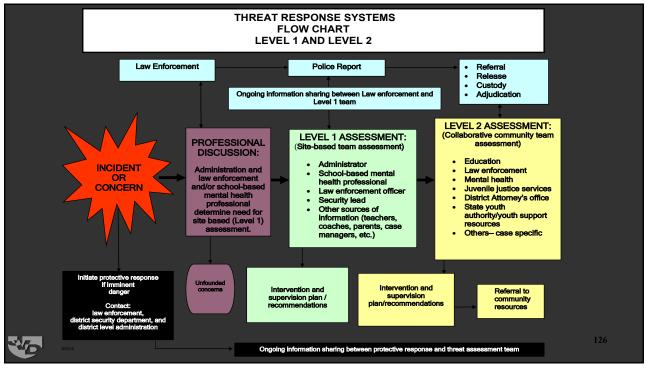


### California statutes regarding information sharing

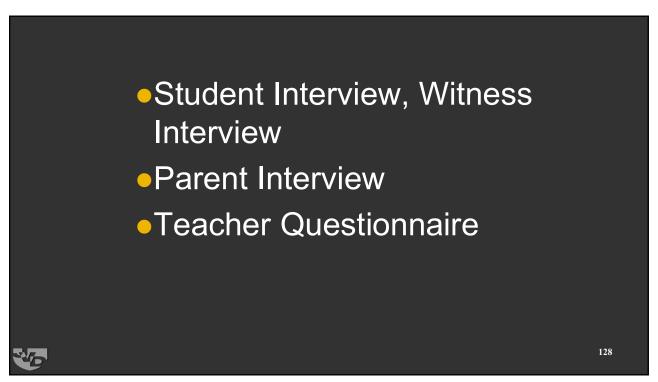
Note that if an SRO who is a member of a law enforcement agency or law enforcement is involved in the Level 1 Site Team or Threat Assessment, they must follow the rules related to law enforcement interrogation. (See e.g., California Welfare & amp; Institutions Code section 625,et seq., especially section 625.6.) A school-based member of the Level 1 Site Team (cannot be conducted by law enforcement unless law enforcement follows the rules related to an interview (See e.g., California Welfare& amp; Institutions Code section 625,et seq., especially section 625.6., but law enforcement maybe present)







WDEN V OLUGEIIL IIII CAL ASSES	sment & Management System
	Level 1 Response Dismiss
	inistrator or Site Team member after investigatin
determining through team discussion that a s	situation does not necessitate a Level 1 Assessn
Student's Name:	Today's Date:
	Date of Incident:
School:	
Person Completing Form (Name/Title):	
Staff Involved in Dismissal:	I-Based Mental Health Professional 🗆 School Psycholog
	t □ Other:



otuu	lent Interview - Level 1	
Step 1 Directions for Interviewer		
conducted by law enforcement unless la (see, e.g., California Welfare & Institution enforcement may be present) as part of through an interview or open-ended inqu	y a school-based member of the Level 1 Site Team (cannot be wenforcement complies with the law regarding student interviews ns Code section 625,ef seq, especially section 625,6), but law the Level 1 Assessment Protocol. Address the following questions uiry with the student or students of concern (who is/are in a situation udent is of concern, complete a separate interview form for each	
Do NOT ask the student to read and com	plete the questions by themselves.	
Although the student can provide crucia Level 1 Assessment if the student is not	al information regarding a situation, do not delay the available or is unwilling to participate.	
	nt circumstances, and as these circumstances change, so too does w the results of this interview while being mindful of supervision,	
	ach question is a prompt for exploration of circumstances that may	
intervention, and the passage of time. Ea		
intervention, and the passage of time. Ea involve the escalation of violence.	ach question is a prompt for exploration of circumstances that may	

Step 1 Directions for Interviewer		
by law enforcement unless law enforcem California Welfare & Institutions Code se may be present) as part of the Level 1 A interview or open-ended inquiry with the poses a threat). Do NOT ask the student to read and con Although the student can provide crucia Level 1 Assessment if the student is not The following is an examination of curre concern for aggression; therefore, revie	l information regarding a situation, do not delay the	s (see, e.g., forcement hrough an on that , so too does upervision,
Student's Name:	Date:	
Administrator's Name:		

Step 1 Directions for Interviewer	-based member of the Level 1 site team as part o
Assessment Protocol (by phone or in pe meeting. Address the following question Do NOT ask the parent/guardian to read Although a parent/guardian can provide Assessment if the parent is not available	if a parent/guardian does not attend the Level 1 ough an interview or conversation with open-end
wing is an examination of curre for aggression; therefore, review tion, and the passage of time. Ea	cumstances, and as these circumstances change results of this interview while being mindful of s uestion is a prompt for exploration of circumstan
The following is an examination of curre concern for aggression; therefore, revier intervention, and the passage of time. Ea involve the escalation of violence. Student's Name:	results of this interview while being mindful of s uestion is a prompt for exploration of circumstan Date:
concern for aggression; therefore, revier intervention, and the passage of time. Er involve the escalation of violence. Student's Name:	results of this interview while being mindful of s uestion is a prompt for exploration of circumstan Date:

State of the state		SSESSMENT & MANAGEMENT SYSTEM ervice Provider Questionnaire - Level 1	
	Step 1 Directions for Interviewer		
	brought this student to your attention. Explain that may be dangerous for the student and/or questionnaire as thoroughly as possible. The	nd describe threat, dangerous situation, or aggressive action that has our obligation and responsibility to investigate and assess any situation others. Request that teacher/staff/other service provider complete this numbers in parenthesis at the end of each question refer to the that are to be addressed in accordance with the information	
	or staff member does not attend the Leve circumstances, and as these circumstance the results of this questionnaire while be	d as a supplement to the Level 1 Assessment Protocol if a teacher el 1 Assessment. The Level 1 process is an examination of current ces change, so too does concern for aggression; therefore, review sing mindful of supervision, intervention, and the passage of time. n of circumstances that may involve the escalation of aggression.	
	Student's Name:	Date:	
	Interviewer's Name:	Title:	
	Teacher's/Staff/Service Provider's Name/	Title:	
	Step 2 Directions to teacher/staff member noted above and return to interviewer.	r- Please address the following questions regarding the student	
1.	Do you have concerns about disruptive beha	vior or potential aggression? (1, 2, 13, 18, 19)	132

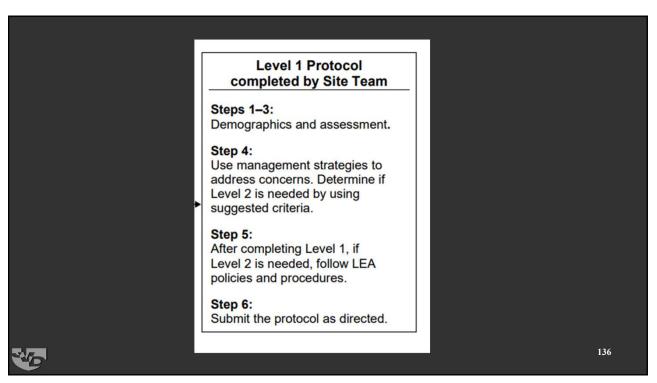
Plan to Protect Victim
Notification of Threat Log
Notification of Threat Letter

133

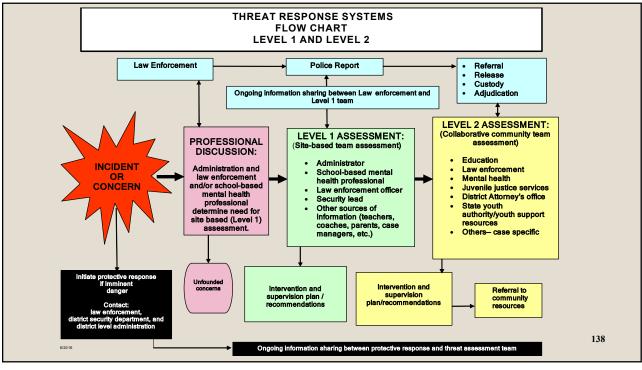
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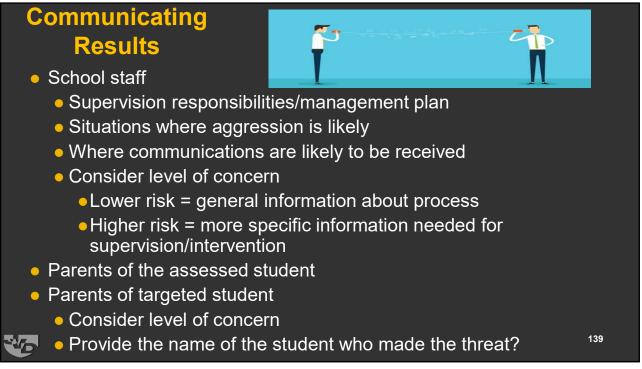
STUDENT THREAT ASSESSMENT & MANAGEMENT SYSTEM **Plan to Protect Targeted or Victimized Student** Student Name: Today's Date: DOB: Student #: School Date(s) of Incident: INCIDENT The following is the plan to protect from harm. (student's name) The safety issues of concern are: SAFETY After meeting with: 
Administrator 
School-Based Mental Health Professional 
School Psychologist School Counselor SRO Law Enforcement Parent/Guardian Other: the following was or will be implemented: The student received/will receive the following support from the school: The student received/will receive the following support from home: 134 NC.

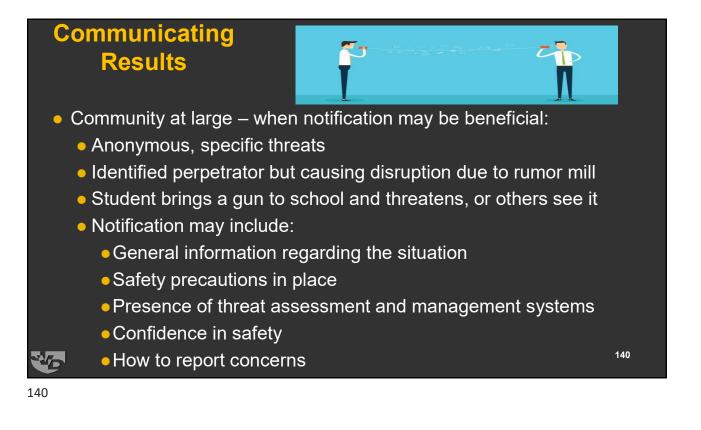
SUPERIOR STOR	DENT THREAT AS	SSESSMENT & N	ANAGEMENT SYSTEM	
TENDENT OF		Notification Lo	Dg	
		1 0	Student #	
Date/Time of Incident:	Name	Title of person comple	ting this form:	
Parent/Guardian Name:		Home #:	Work #:	
			Work #:	
			Work #:	
	if the knowledge of the informa This may include en	tion is necessary to protect the nergency contact if unable to c	CONTACT IN LOG BELOW	
Name	Number Used	Date & Time	Message Left	
		er was used for non-Engl Title:		
	NC	TIFICATION CHECK	-LIST	

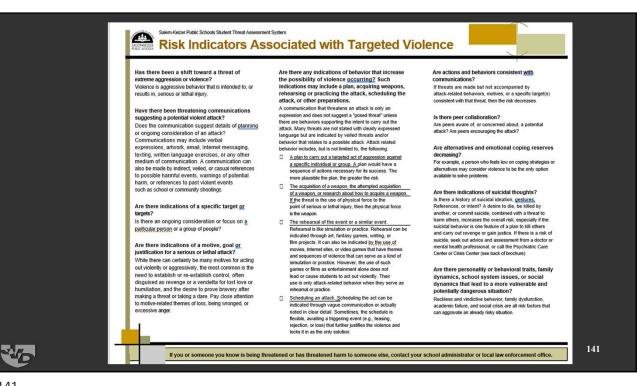


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	Student #:			
	DOB:			
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	This	envelope may contain:		
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	10 T 10 11			137



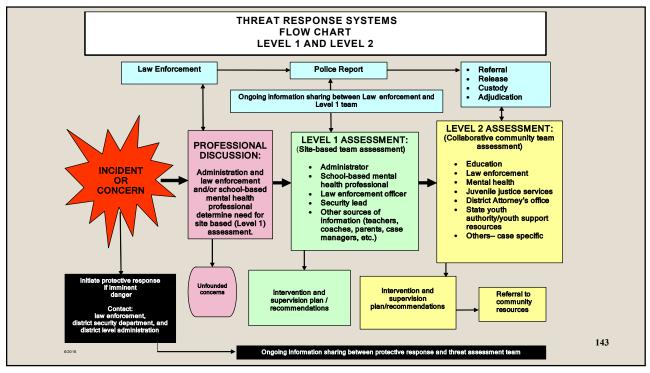


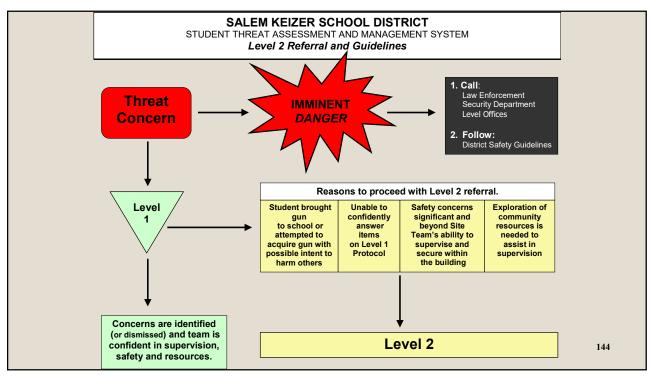


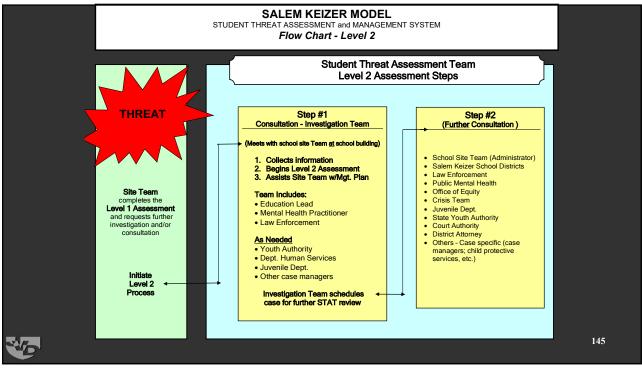












# **Level 2 Team Design Options**

OPTION 1 Level 2 Community and Investigative Team

Use Level 2 system with Investigative Team and Level 2 Investigation Protocol. OPTION 2 Level 2 is Community Team only

Develop a form documenting the demographics of each case, the inquiry and responses regarding risk factors of that case and them supervision strategies recommended.



OPTION 1 Level 2 Community and Investigative Team

- Level 2 Investigation (Education)
- Level 2 Student Interview
- Law Enforcement Level 2
- Mental Health Level 2

OPTION 2 Level 2 is Community Team only

- Level 2 Investigation as template
- Documentation regarding use of template and recommended supervision (could be responsibility of Site Team Case Manager)

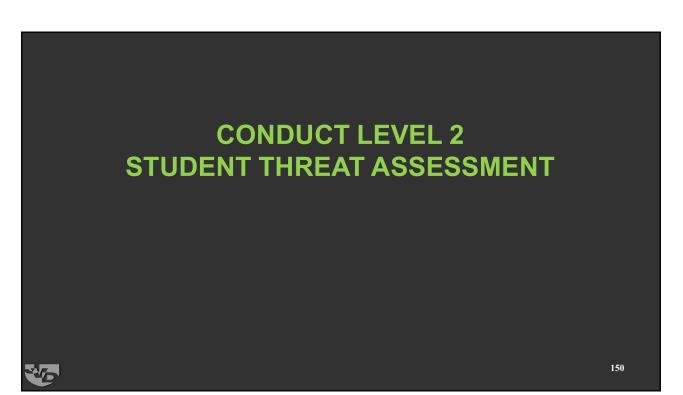
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## **KEY COMPONENTS OF THREAT ASSESSMENT**

- Pay attention to intuition but focus on facts.
- Focus on behavior, not profile traits.
- Review all factors as they exist within unique context.
- Examine behavioral progress, changes, and movement into the targeting continuum.
- Confirm information, confirm impressions.
- Address all investigative questions regarding risk.
- Focus on prevention and inhibitors, not prediction.
- Remember the goal—identify risk, decrease that risk and . . .
- improve the psychological safety and learning environment.



149



### PAUL AND MAYA

#### PAUL (age 17, Junior)

- Three female students report that their friend, Susan, has a boyfriend named Paul, and he has brought a large knife to school and cut Susan on the hand while flipping it at her in a gesture. They believe that he intended to intimidate her because he may think that Susan is going to break up with him. They report that they do not like Paul because he is very controlling of Susan, is always criticizing them, and continually tries to distance her from them.
- Susan is called into the office, and she confirms that Paul did cut her on the hand; however, she believes that it occurred because he was showing off his knife-fighting skills, something he is very proud of. She also thought that maybe he was trying to intimidate her because she might be breaking up with him, but she was not sure. You examine her hand and there is a superficial cut on the palm, where she raised her hand to block is knife gesture. She does not believe that Paul meant to cut her.

151

Susan confirms that Paul is controlling and monopolizes her time but insists that she really cares for him. She said that she is not worried about herself, but that she believes Paul is likely to stab someone with his knife. She reports that he has been practicing his knife fighting skills and intends to defend himself against four students who have tormented and bullied him since his freshman year. She says that he is frequently humiliated and embarrassed by their harassment, causing him tremendous anger and resentment. She says that he must walk home every day and cannot get to his house without passing these four students at their homes. When asked about breaking up with Paul, she admits that she is considering it because of her concerns about his anger and potential violence toward other people, and she does not want to be a part of that. She says that Paul is dismissing of her concerns and ignores her suggestion that he consider non-violent solutions to his problems. She says Paul thinks that violent self-defense is his only option, and he accepts the consequences, which he thinks will give him street credit and a reputation as a vigilante.

152

- You call Susan's mother to inform her about the event. Her mother very assertively asks to speak to Susan. Susan listens on the phone and assures her mother that she will do as told. Susan hands the phone back to you and her mother says, "Paul did not intend to hurt my daughter. It was an accident. He was just showing off and we want nothing to do with any of this from this point forward. Susan will not be speaking with you, the police, or anyone else about this. We will not be pressing charges or providing any other information. I'm coming to get my daughter and check out her hand." She hangs up the phone. Susan says, "I'm sorry this has caused a problem. Paul did not mean to hurt me. He was just messing around and it was an accident. I do not want to talk about this anymore and that includes with the police."
- Susan's mother picks her up from school.

- Paul is called into the office and found to be carrying a large lock-blade hunting knife. The knife is very sharp and sturdy. It is the type of knife used to skin large animals. He says that he carries the knife to school every day and is more than happy to discuss why. He emphatically swears that he would never hurt Susan, that he loves her, and that someday he will marry her. He is proud that she is smart and wants to be a doctor. He says that he carries the knife daily so that he can defend himself from his enemies. He identifies his enemies as Kevin, Darren, Michael, and Jeff. Paul says that these four boys have been bullying him since he started high school. He says that they meet him after school on his path home and push him around, calling him derogatory names and humiliating him in front of his girlfriend. He says he is unable to get home without passing their houses.
- Paul reminds you that his mother cannot give him a ride because she is a "shut-in" and will not leave their home. Paul's mother was a victim of domestic violence by Paul's stepfather four years ago. Paul was a witness to the violence, which he reported his freshman year. The report generated a visit from protective services and the police, which unfortunately escalated the situation, leading to an attack on her that involved several hits from a baseball bat. Paul's stepfather is now in prison.



- Paul reported that he found the knife in the woodshed and that it had belonged to his stepfather. He said that, while his use of the knife has been limited to stabbing practice on a large punching bag in his garage, he is learning advanced knife-fighting skills from YouTube videos on the martial art Krav Maga, a fighting system used by the Israeli defense forces. Paul says that he is not ready to fight the four boys yet but that he believes he will be able to defend himself, using a knife, within the next three or four weeks. He has been practicing his moves for about six months. He is insistent that he has a right to fight back with a knife since there are four of them and one of him. As a longstanding victim of bullying, he believes wholeheartedly that he will become a hero for standing up for himself and tells you that nothing you say will convince him otherwise. He does not believe that an arrest will stick, since he is a victim, and that he is unlikely to be placed in jail. And if he is placed in jail for a while, it will earn him street credit.
- You attempt to convince him that his thinking is inaccurate, but he states that he does not believe you. He thinks that you and all school employees are weak because you were not able to stop the bullying when he reported it to the counselor as a freshman. He politely tells you that he is not interested in more of your help because you and society have already failed his mother and him. He says that he only comes to school because of Susan and that he intends to protect her, his mother, and himself for the rest of his life. He assertively states that he will not be a victim like his mother and that his mother supports his efforts to prepare to use a weapon if necessary.

- You ask Paul if there is anything you can do to stop him from wanting to carry a weapon. He states that it is obvious but that he does not believe you will be able to do it—he tells you that you must stop the bullying, or he will eventually stab one, if not all, of the boys. He says he knows you will be taking his knife, but that he can get another one and will continue to find weapons as long as there are people in the world who would harm others just for fun or power. He says he knows that he broke the school rules by carrying the knife, but believes he has a right to defend himself and take control of the situation because that's what a real man would do.
- Paul is failing all his classes, he is credit-deficient, he is disconnected from teachers, and his only friend is Susan. The school counselor reports that he has not been able to reach Paul for the last two years—Paul is unresponsive to efforts to help. The counselor is sad that the bullying has continued because he believed that it had stopped three years ago when he confronted the four boys and they promised they would leave Paul alone.
- The SRO confirms that Paul was a witness to longstanding and considerable domestic violence directed at his mother by his now imprisoned stepfather. His mother is isolated, fearful, and hyper-vigilant, a condition she fosters in Paul.

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- You call Paul's mother, and she assures you that Paul would never hurt Susan because he loves her, and she is a light of hope in their world. She justifies Paul's right to carry a weapon and even says that at some point she would buy him a gun. She believes that he has been a victim but that the Krav Maga and the knife-fighting skills will make him a strong person so that he does not end up like her. She believes he has every right to defend himself against the four boys and fully supports his preemptive thinking. She also believes he will be a hero for standing up the bullies and laughs at you when you inform her that he will likely be arrested if this occurs. She tells you that you are misinformed and that the police, social services, and the school leadership have never done anything to help her and her son and, in fact, have only made things worse.
- She tells you that the public is sick of bullies and that she believes her son will be a real man if he stands up for himself. She describes Paul' suffering, his three years of depression, and suicidal ideation that resulted from the failure of society to protect them and insists that Paul is becoming a strong, confident young man. She is proud of him. You ask if there is anything you can do to help her and she declines your offer, again stating that you have already failed her. She reports that her fear and injuries have created a situation of considerable weakness, and she views herself as incapable of functioning a normal life. She ends the conversation by suggesting that you do something about those bullies or one of them will end up badly cut. She also says that, even if the bullies stop, Paul will continue to carry weapons so that he can protect himself and those he loves in the future.

- Paul is undiagnosed but appears to have been depressed, highly anxious, and suicidal over the previous three years.
- Paul is disconnected and has no identifiable positive relationships with pro-social adults in the community or school. He has no relatives or other family. His mother appears damaged and struggling to survive. The two together are hypervigilant and entrenched in an "us vs. them" pattern of thinking. Their paranoia is clear; however, the bullying does appear to be a real issue.
- Paul states that he knows he will likely be expelled for having the knife but says he does not care. He says he hates school anyway and that he will wait for Susan every day after school and continue his relationship with her as they mature to adults. He says that he will not attend the alternative education high school or meet with a tutor because he knows he is going to fail school anyway. He notes that he cares for his mother, does the shopping, and should be able to get a good job. He also tells you he has not done anything illegal and that he is simply informing you that he will be defending himself if people continue to hurt him. And he again points out that there are four of bullies and one of him, justifying the use of a knife.

- You ask Paul if he will stop carrying the knife and attend the alternative high school for at least five days if you can stop the bullying and get apology letters from the four boys. He laughs, but says, "sure, if you think you really can. But I will always carry a weapon at least off campus because there are more bullies and terrible people out there. Just ask my mother."
- When you investigate the bullying, you find that Kevin, Darren, Michael, and Jeff, are seniors and actually good students who are considered caring and kind. Your investigation determines that, while they have matured and become nice young men, they have continued to practice an immature pattern of bullying behavior with Paul after school, believing that it did not really harm him.

• When the four boy's parents are notified of potential violence and their son's behavior, all parents are extremely upset, especially when they find out about how the bullying has hurt Paul. The boys commit to immediately stop the harassment and write apologies. You also ask their parents to write a group apology to Paul and his mother. They agree, stating their regrets and acknowledging their awareness of the abuse that Paul and his mother suffered. The bullying stops and the apology letters are delivered.

• **Paul is expelled** but follows through on attending the alternative education high school for one week.

No.

#### Maya (age 15, Sophomore)

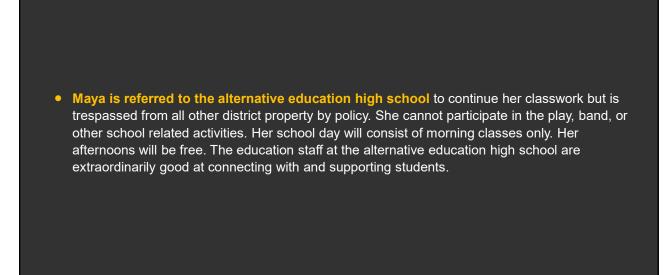
- Paul, in an effort to lessen the attention on him, reports that another student, Maya, has shown her friends and several other students several knives earlier that day.
- Maya is brought into the office and found to be in possession of 8 knives, varying in size and style. Most of the knives are of the fantasy or heroic type design with considerable ornamental and embroidered features. None of the knives are sharp or appear to be of a professional quality that would be typical of a weapon.
- Maya reports that she has the knives at school to show her friends because they are all very interested in weaponry, especially the type that accompanies fantasy games such as Dungeons and Dragons and Magic. She says that she is in a fantasy game club with six peers. One of their hobbies is to collect ornamental knives and swords as symbols of power. She says that she wishes she could find a dragon to accompany her weaponry because her power would increase even further. She reports that she knows that bringing the knives to school is wrong, but she could not resist because she had purchased them over the weekend at a flea market and could not resist showing her friends. She apologizes and begs you not to call her father because he will be very disappointed in her since she has made him a promise not to bring any knives or swords to school. You inform her that you will have to discuss the situation with him.

- Maya and her friends are viewed by education staff as average students who are somewhat immature and often involved in game playing. They enjoy each other's company, respond well to direction, and are generally well liked by teachers. Two teachers speak up for Maya, reporting that they have a great relationship with her. They state that they enjoy her creativity and slightly odd sense of humor. Her drama teacher has cast her as Seymour in the musical *Little Shop of Horrors*. Her band teacher says her energy is excellent but that her trombone skills leave a lot to be desired. Still, she is always enthusiastic and enjoys playing music.
- Maya has a history of impulsive and oppositional behavior as well as poor academics when she was in middle school. Her mother abandoned her father and her, becoming involved in drugs and street living, and eventually became completely estranged from the entire family. Maya become depressed and suicidal as a result, losing interest in friends and academics. Her father took considerable efforts to help build their lives back, including counseling and frequent meetings with teachers and the school counselor. The efforts resulted in Maya having a successful freshman year and sophomore.

- Maya's father is disappointed that Maya brought the knives but blames himself for not realizing her excitement about the weekend purchase. He says that he will do whatever he needs to do to help the school employees and students feel safe but that he is concerned about the possible repercussions of school discipline. He is very cooperative with the investigation but worries about how Maya will respond if she is expelled and loses access to her friends, her school musical, and the positive school environment. He says that Maya is still in counseling and that her therapist considers her fragile, especially when dealing with loss.
- **Teachers consider Maya's father to be caring and attentive** and doing his best with limited resources. They believe he will welcome support. The school counselor confirms that Maya's father monitors her educational progress and social connections, and that he stays in contact with teachers.
- Maya's father agrees to search her room, her computer, and her other belongings, but does not find any indication of aggressive thinking or a motive to harm anyone. He says that, while Maya is not necessarily popular, she is well liked within her social group and she never speaks of enemies, social distress, or anger directed at others. Furthermore, her suicidal ideation that occurred two years earlier has been resolved, and she continues to have considerable support from her friends and their parents, extended family, her therapist, and him.

- When asked about thoughts or intentions of hurting herself or others with the knives, Maya becomes embarrassed and troubled about your perception that she might bring a weapon to school to hurt herself or someone else. She insists that she would never do such a thing and has no intention of giving the knives to someone who would. She says she only wanted to share them with her friends. She tearfully states that she is very sorry and wishes she had listened to her father.
- Further investigation does not uncover any information suggesting attack motive, ideation, or preparation with Maya or her friends. In fact, further investigation confirms that Maya and her friends are fascinated by knives and swords as part of their role-playing games but are not using them or planning to use them as weapons against each other or other students.
- Unfortunately, Maya showed over twenty students the knives and the situation escalated to rumor and drama, disrupting the school and the community. Discipline policy requires that the matter be referred to the expulsion officer, who states that Maya's disregard for the rules, combined with the number of students she showed the knives to, requires an expulsion. However, the expulsion officer agrees to keep the duration to the minimum amount of time—through the end of the semester (about seven weeks).

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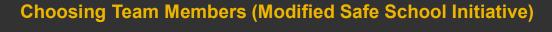




# BUILDING A COLLABORATION AND CHOOSING MEMBERS



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- 1. An ability to relate well to others
- 2. An awareness and sensitivity to the difference between harming and helping in an intervention
- 3. A reputation for fairness and trustworthiness
- 4. A questioning, analytical and even skeptical mindset
- 5. Training in the collection and evaluation of information from multiple sources
- 6. Discretion and an appreciation for the importance of keeping information confidential
- 7. Familiarity with the contemporary issues of school and community safety
- 8. The ability to serve as a formal link or liaison between various systems (a "boundary spanner" and a "team player" who believes in the project and the process)
- 9. In-depth knowledge about their own organization, resource availability, and both political and ethical boundaries

**10**.Full credibility and respect within their own organization

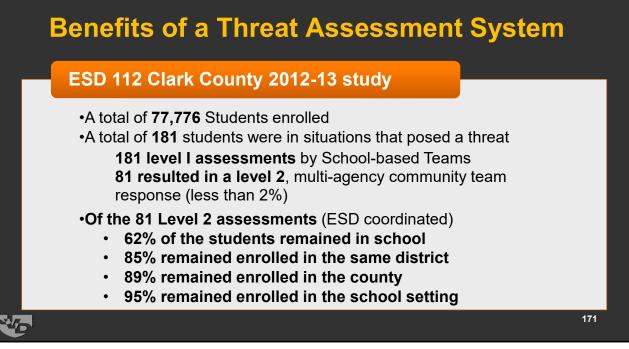
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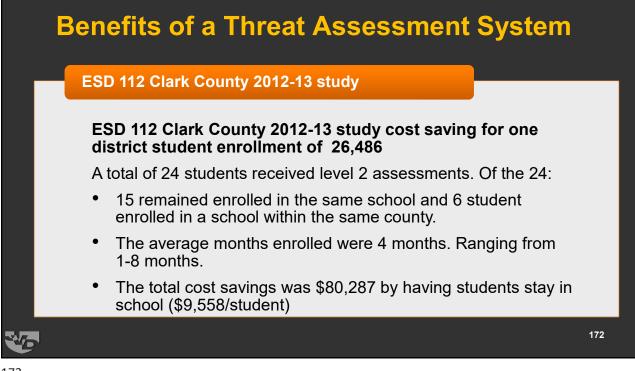


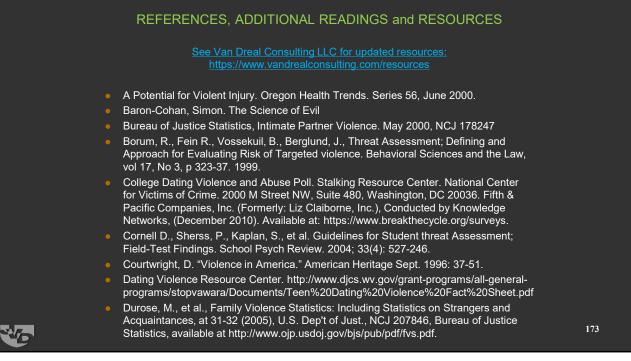
# 94% of administrators stated that:

- The BTA team effectively identified potentially dangerous students and situations.
- The BTA team had positive effects on school safety.
- The BTA team provided important information necessary for support, discipline, and placement decisions.
- The BTA team fulfills a valuable role in schools.

In the same survey, 90% of administrators reported that the BTA team increased efficient prevention coordination with law enforcement and mental health.

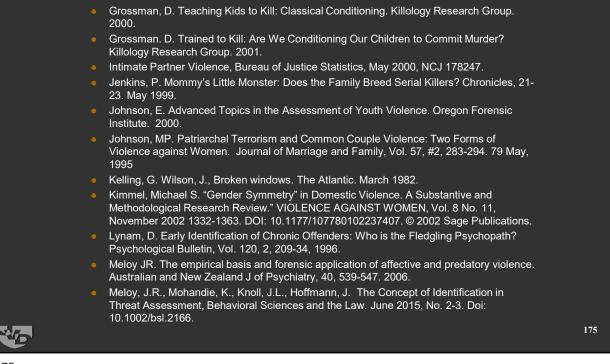








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170			

